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FOR IMMEDIATE RELEASE: January 31, 2013 CONTACT: Michael Young, PIO, 623-238-0179

GLENDALE FIRE DEPARTMENT WANTS RESIDENTS TO CHEER FOR SAFETY DURING BIG GAME

Glendale, Ariz. — Super Bowl Sunday is always a popular time for friends and family to get together, even if their favorite team is not playing. This Sunday, as the San Francisco 49ers face the Baltimore Ravens in Super Bowl 47, many households will be decorating, cooking and entertaining. The Glendale Fire Department wants residents to "cheer for safety" by practicing safe habits and to keep in mind the following tips to ensure the health and safety of loved ones during their football celebration.

In 2010, unattended cooking was the leading cause of home fires resulting in more than 400 deaths and almost \$1 billion in direct property damage. Decorating your home with candles can be hazardous as well. Candles are the second leading cause of home fires.

Any celebratory gathering should be remembered as a joyous and happy time spent with friends and relatives. To make sure it truly is a *Super* Sunday, please follow these safety tips:

- When cooking for visitors, be sure to keep an eye on the oven.
- Enforce a "kid-free zone" of three feet around cooking areas and turn handles inward away from the reach of small children
- Never pour water onto a grease fire and never discharge a fire extinguisher onto a pan fire, doing so will spread the fire.
- Take a moment to test your smoke detector before cooking.
- Discuss your escape plan with visitors in the event a fire breaks out.
- Never leave a candle burning unattended.
- Keep candles clear of curtains, decorations and other combustibles.
- Inspect your fireplace, chimney and make sure the flue is open before lighting a fire.
- Never use grills or fryers indoors.

FAST

• Keep anything that will burn three feet away from space heaters.

CARING

- Make sure the gate or door that leads to the pool is always locked. Interior fences provide an additional barrier and should have self-closing, self-latching gates.
- Learn or review first-aid skills to aid someone who is choking or having a heart attack.
- Learn "hands-only" CPR in the event someone stops breathing or heart stops. Go to www.glendaleaz.com/fire to learn "hands-only" CPR...ITS THAT EASY!

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